

TDV ISAM
Kötüphanesi Arşivi
No RTB-694-2

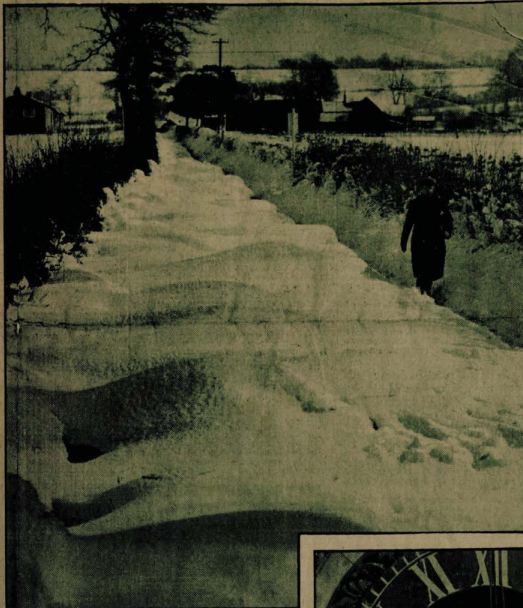
FIRST STEPS IN THE KEEP FIT PLAN

Daily Herald
Tuesday, March 2, 1937.

ADVERTISERS' ANNOUNCEMENTS

Beauty Helps On Health Drive

MISS PRUNELLA STACK, 22-year-old leader of the Women's League of Health and Beauty, rehearsing for the mass demonstration, to be given by 7,000 members, at Wembley, in June. She is one of the prominent athletes appointed to the National Advisory Council—the first meeting of which is to be held in London, to-morrow—to conduct a campaign for the improvement of the national physique.



WAVES OF SNOW several feet deep, which made this road at Aylesbury (Bucks) impassable to traffic, following the blizzard. One pedestrian found a spot for walking.



"OPENING TIME" in the bush. This remarkable picture of wild zebras and water buffaloes from Kruger National Park, the 220-miles long game reserve in South Africa. The photographer, carefully concealed for hours, waited until the wandering herd had been forced by thirst to the water hole.



ROPES were necessary to steady the basket in the wind when workmen removed the hands of "Big Tom," the clock of St. Paul's Cathedral, for examination of the mechanism.

PUTS AN END TO ACID STOMACH

WHAT THE MICROSCOPE SHOWS

"I have suffered from indigestion for 20 years," writes Mr. T. H. of Liverpool. "The excess acid and mucus used to burn my poor stomach. That is—acid stomach. The cause of all your discomforts. The acid stops digestion and then along comes the stomach gas and then heating pain and the burning pain and you'll see everything like a hungry monster!"

There's a scientific remedy for acid stomach—Digestif Rennie pastilles. Fast, Digestif Rennie breaks up the food in your stomach, makes digestion easier. You can see from the laboratory diagrams here the power of Digestif Rennie. Continue reading Mr. T. H.'s letter.

"I took my 'Rennies,' and by the time they had completely dissolved I got relief. I now eat anything I like, when I like, and when I like. I have lost 11 lbs. in weight. I am undoubtedly the fittest I have ever tried any medicine."

Digestif Rennie (Brand) Pastilles taste like sweets. They can be carried about—each pastille is separately wrapped in wax paper. Get some 'Rennies' from your chemist to-day and bid a 'wee' goodbye to indigestion. Trial size 6s. Family size 1/9.

TRIAL OFFER: Send a postcard to E. Griffiths Hughes, Ltd., Dept. T, Adelphi, Salford, Manchester, and write your name and address on the back. Nothing else needed. A trial supply of Digestif Rennie will be sent by return.

After a meal such two DIGESTIF RENNIES

Catarrh

ROUTED AFTER 14 YEARS!

FOR fourteen years I have suffered Catarrh misery in nose and throat. Headaches were terrible. Tried everything. Then I discovered KARROTE gained magical relief. Here is what the doctor said: "I would like to tell you how thankful I am for Karrote. For nearly 14 years I suffered badly from Catarrh in nose and throat. The headaches I had were awful. I have paid as much as £100 for treatment. Karrote cures only to find they treat Karrote inhalant with great results. Just a few drops of Karrote on a handkerchief and the headaches were gone. It was a pleasure to enter up in the morning with nose and head feeling better and not a trace of the old trouble. I don't think Karrote is worth anything else. I shall go for a year's supply."

Karrote is a new scientific inhalant containing 20 ingredients and kills the germs of Catarrh in half the time of other inhalants. The success has been enormous. If you suffer from Catarrh in nose and throat, get relief right away.

Karrote (Brand) Inhalant is obtainable from your usual chemist. Trial size 1/-, Double quantity 1/6. Four times the quantity 2/6.

Oh! why CAN'T I Get to SLEEP

HERE'S THE REASON why you are troubled by worry, restlessness, nervousness, and the night of broken sleep. At night, your brain is like a telephone exchange. It wants to close down, but can't because your excited, jumpy nerves keep "ringing up the exchange." So your brain stays awake, and you stay awake. But here is a blessed relief from this dreadful torment. A leading specialist has discovered BAXEN, a soothing saline (containing no aspirin—no harmful "drugs") which softly conquers sleeplessness once and for all. You simply take one Baxen Powder (or 2 Tablets) just before retiring. Result—nerves soothed—brain relaxed—a natural, healthy, refreshing sleep steals over your whole body. **PROVE THIS TO YOURSELF!** On the way home, get a few Baxen (Brand) Powders, each (or Tablets 1/6) from your chemist.

FREE A free trial sample of Baxen will gladly be sent to you if you write to Baxen, E. Griffiths Hughes, Ltd., 401, Adelphi, Salford, Manchester, 3.

MEN are so difficult!

especially when it comes to the choice of the Sweet Course; but all men, as well as the rest of the family enjoy Green's Carmelle (Caramel Cream), SIMPLE TO PREPARE, NO EGGS REQUIRED, 4d. and 7d. per packet.

From Grocers & Stores everywhere

THE MAN'S SWEET/ GREEN'S 'CARMELLE' CARAMEL CREAM

MADE BY THE MAKERS OF GREENS SPONGE MIXTURE

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Extras 2

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"PALMOLIVE
-always my choice!"



Palmolive Face Powder blends perfectly with the most delicate complexion

Always it gives a perfect, smooth finish which even driving wind and rain cannot spoil. Its exquisite fineness comes from Palmolive's own special process which keeps it entirely free from all harsh elements that might clog the pores and irritate the skin. And, of course, as it's made by Palmolive themselves, no powder could possibly suit "That Schoolgirl-Complexion" better!

Among the six delicately perfumed, beautiful shades in which Palmolive Powder is made there's sure to be the one which makes you—and you especially—wonder your own complexion!

6 AND 1/2

Face Powder for that Schoolgirl Complexion



THEY'RE MAKING THE FEATHERS FLY at Horticultural Hall, Westminster, where the All-England Badminton championships tournament opened yesterday. Here are Miss M. Nelson and (left) Mrs. J. H. Hines in play in the ladies' doubles.

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